

DOT Neurology Letter

Stonecreek Family Physicians
4101 Anderson Ave.
Manhattan, KS 66503
Phone: 785-587-4101
Fax: 785-587-9090

re: Patient Name: _____
Patient D.O.B: _____

Dear Dr. _____
Your patient _____ is applying for a Commercial Drivers License (CDL). Because of underlying health conditions, new regulations make it imperative that the patient receives a neurology consult. The consult must contain certain tests and opinions. Please complete this form and return it with additional requested information to our office at your earliest convenience.

Diagnosis: _____

Medications: _____

If history of **seizures**, please document the following in a letter on your letterhead:

- Seizure free period
- Length of time off anticonvulsants
- Normal physical examination
- Neurological examination
- Neuro-Ophthalmological evaluation if done
- Neuropsychological testing if done with test results attached.
- Clearance from a neurologist who understands the functions and demands of commercial driving.

If history of **Stroke or TIA**, please document the following in a letter on your letterhead noting that you are a **neurologist who understands the functions and demands of commercial driving and that the patient is low risk for sudden incapacitation.**

- Findings of neurological examination including your assessment of:
- Cognitive abilities.
- Judgment.
- Attention.
- Concentration.
- Vision.
- Physical strength and agility.
- Reaction time.
- Type of stroke _____
- Time from the Stroke _____
- Date of last visit _____

Minimum waiting periods:

For Embolic and Thrombotic Strokes, the minimum waiting periods are

- 1 year if not at risk for seizures (cerebellum or brainstem vascular lesions)
- 5 years if at risk for seizures (cortical or subcortical deficits)

For strokes without risk for seizures, Intracerebral or subarachnoid hemorrhage without risk for seizures, the minimum waiting period is one year

For Stroke with risk for seizures.

If Intracerebral or subarachnoid hemorrhage **with** risk for seizures, the minimum waiting period is 5 years seizure free and off seizure medication.

TRAUMATIC BRAIN INJURY (Severe TBI will not get CDL)

The driver with a mild or moderate TBI who has must meet the following criteria, please check all that apply:

_____ Completed the minimum waiting period seizure free and off anticonvulsant medication.

_____ Seizure free

_____ Normal physical examination, neurological examination including neurophthalmological evaluation

_____ Normal Neuropsychological testing. Please attach test results.

Please supply a letter on your letterhead giving medical clearance noting that you are a **neurologist who understands the functions and demands of commercial driving and that the patient is low risk for sudden incapacitation.**

The minimum waiting periods for certification for CDL licensure following a traumatic brain injury are:

Mild injury without early seizures, 1 year seizure free and off anticonvulsant medication following:

Moderate insult without early seizures OR mild insult with early seizures, minimum 2 years seizure free and off anticonvulsant medication.

Moderate insult with early seizures, minimum 5 years seizure free and off anticonvulsant medication

Thank you so much for your assistance with your patient obtaining a CDL license. Please call us if you have questions about the certification process.

Sincerely,

Stonecreek Family Physicians